



SPIKE SHOES

Check with event coach before buying spike shoes! New track athletes should choose ones with a heel/cushioning if possible.

DISTANCE



NIKE DRAGONFLY



**NIKE ZOOM RIVAL
DISTANCE**

SPRINTS/HURDLES JUMPS



**NIKE ZOOM RIVAL
MULTI**



**SAUCONY
VELOCITY MP**



**ADIDAS ADIZERO
PRIME SP 2.0**



**PUMA EVOSPEED
STAR 8**

SPRINTS/HURDLES



**NIKE ZOOM
MAXFLY**



**PUMA EVOSPEED
400 NITRO 2**



**NEW BALANCE
FUELCELL PWR-X**



**NEW BALANCE
FUELCELL SD-X**



**ASICS
METASPEED SP**



**NIKE ZOOM
SUPERFLY ELITE
2**



BROOKS QW-K V4



**NEW BALANCE
FUELCELL SD100**